

Student Name: _____

Celebration Date: _____

This sheet is
due _____.

The Breet Sheet

We pronounce it “breet” but the Hebrew word is “*brit*.” It means covenant or promise, and this sheet will record your promise to do three types of *mitzvot* as part of your preparation for becoming a *Bar* or *Bat Mitzvah*.

There are three kinds of *mitzvot* (the plural of *mitzvah*).

1. the *Torah mitzvah* (study)
2. the *avodah mitzvah* (worship)
3. the *gemilut chasadim mitzvah* (acts of loving kindness)

For each kind of *mitzvah*, you will complete several “required” *mitzvot*/activities as well as one “elective” *mitzvah*/activity.

You will fill this sheet out and turn it in by the time tutoring begins. When you complete all three *mitzvot*, you will turn in the “I Did It!” sheet to the Front Office at least one month before your service.

1. My *Torah mitzvah* will be:

➤ My goal for this *mitzvah* will be:

2. My *avodah mitzvah* will be:

➤ My goal for this *mitzvah* will be:

3. My *gemilut chasadim mitzvah* will be:

➤ My goal for this *mitzvah* will be:

Student Signature: _____

Parent Signature: _____

